



DEALS & DISCOUNTS

FOR NSTU MEMBERS INCLUDING RTO MEMBERS!!



Subject to change without notice. Updated June 18, 2013.

ACCOMMODATIONS

NSTU Contract Hotel

The **DELTA HALIFAX** and **DELTA BARRINGTON** are the NSTU's contract hotels and offers members on NSTU business a rate of \$86 July 1, 2011 to June 30, 2013. For leisure travel, \$96 July 1, 2012 to June 30, 2013 plus a special parking rate of \$9.95 per day (self parking). For leisure travel, \$96 July 1, 2013 to June 30, 2014 plus a special parking rate of \$9.95 per day (self parking). **NSTU membership identification is required** and the NSTU rate is for one room booking per NSTU membership card. The Delta Halifax can be reached at 902-425-6700/1-888-423-3582. The Delta Barrington can be reached at 902-429-7410. For more info, check the Delta Halifax website at www.deltahotels.com/corporate/cor/nstu.html. **The Delta properties are now both smoke-free.**

BELGRAVIA BED & BREAKFAST in Truro offers a 15% discount to NSTU members. For more info call 902-893-7100 or 1-866-877-9900.

BEST WESTERN PLUS CHOCOLATE LAKE HOTEL, HALIFAX Located at 20 St. Margaret's Bay Road, Halifax, N.S. B3N 1J4. NSTU rates - \$95 based on single/double occupancy, per room, per night, plus taxes. NSTU rate includes FREE parking, FREE local calls, and FREE high speed Internet. Book your Corporate Rate today at 902-477-5611 or res@chocolatelakehotel.com. For more information contact Peter McNeil Sales Manager, phone: (Home: 902-444-8655, Cell 902-441-5612, Fax: 902-404-3376. Based on availability. Some conditions apply. Call today for more information.

DIGBY PINES GOLF RESORT & SPA 1-800-667-4637 or www.digbypines.ca. Open mid-May to mid-October. \$105/night plus tax, based on double occupancy, subject to availability. Please request the NSTU member rate at time of booking and provide your NSTU card upon check in. Rate is based on leisure travel only and is not applicable to group business.

The **FARMHOUSE INN** in Canning, just outside Wolfville in the Annapolis Valley, offers an additional 15% off winter rates to NSTU members. The discount will apply from November to April each year, excluding packages, New Year's Eve, Valentine's weekend and special events weekends. Visit www.farmhouseinn.ns.ca.

FUTURE INNS HALIFAX HOTEL & CONFERENCE CENTRE – Located at 30 Fairfax Drive, off of Lacewood Drive in

the Bayers Lake Shopping District. We are happy to offer discounted rates for current & retired NSTU members starting at \$101.00 for a traditional room. The NSTU rates include FREE PARKING, FREE LOCAL CALLS & FREE HIGH SPEED INTERNET. To book a room, simply call 1-800-565-0700 or Halifax@futureinns.com. Based on availability & some conditions apply. Call & speak to one of our friendly staff members for more information.

KELTIC LODGE RESORT & SPA 1-800-565-0444 or www.kelticlodge.ca. Open mid May to mid October. \$115/night plus tax, based on double occupancy, subject to availability. Please request the NSTU member rate at time of booking and provide your NSTU card upon check in. Rate is based on leisure travel only and is not applicable to group business.

LISCOMBE LODGE RESORT & CONFERENCE CENTRE Call 1-800-665-6343 or visit www.liscombelodge.ca. Open mid May to mid October. \$99/night plus tax, based on double occupancy, subject to availability. Please request the NSTU member rate at time of booking and provide your NSTU card upon check-in. Rate is based on leisure travel only and is not applicable to group business.

LORD NELSON HOTEL & SUITES, Halifax offers a discount to NSTU Members. Our 2013 NSTU Preferred "Leisure Union" rates are: January 1 - April 30 & November 1 - December 30, 2013: Classic Guest Room - \$89 single/double occupancy (without parking), \$109 (parking included); May 1 - October 31, 2013: Classic Guest Room - \$129 single/double occupancy (without parking), \$149 (parking included), plus tax. All rates are valid for individual travel only, subject to availability. Additional room types are available upon request for an additional upgrade charge. Group rates can be negotiated separately through our Sales Department at the time of booking. We also offer you the convenience of booking your rate online. 1. Go to www.lordnelsonhotel.com 2. Select 'Book Your Corporate Rate' at the bottom of the screen. 3. **Enter your access code: NSTU321** 4. From here you can select your dates, check availability and make a reservation. The Lord Nelson Hotel & Suites, 1515 South Park Street, Halifax, Nova Scotia B3J 2L2. Reservations: 902-423-5130/1-800-565-2020. Main Desk: 902-423-6331.

The **WAVERLEY INN**, offers NSTU members a 10% discount. Located at 1266 Barrington Street, Halifax, N.S. B3J 1Y5; Phone 902-423-9346 / 1-800-565-9346; website www.waverleyinn.com

WESTIN HOTEL, Halifax offers NSTU members a discount. Contact the Westin at 1181 Hollis Street, Halifax, NS 902-496-8585; 1-877-993-7846 or www.thewestinnovascotian.com/nstu-employees to book directly online. Based on availability.

PERSONAL CARE

AT HOME REHAB - specializes in physiotherapy in the comfort, convenience and privacy of the patient's own home. Our goal is to ensure you reach your physical potential while working with your busy schedule. Services are available throughout HRM, Windsor and Truro. Appointments are offered before, during, and after the school day and on weekends.

At Home Rehab is pleased to offer NSTU members, both active and retired, a reduced rate (**Reg. \$100 / NSTU discount \$75**) for in-home physiotherapy and guarantee an available appointment within 48 hours of calling. Direct billing to Blue Cross available.

In home physiotherapy is ideal for individuals who have difficulty attending appointments outside of the home or place of work; and individuals following post-operative rehabilitation, stroke, brain injury, soft tissue injuries, generalized deconditioning, or fractures. We provide a wide range of physical therapy services including ultrasound, TENS, strength and flexibility training, fall risk assessment and balance training, postural analysis, and home safety assessments.

Call today to book your appointment 902-445-7987 or email info@athomerehab.ca / Located on Larry Uteck Blvd. Halifax, NS. Visit us at www.athomerehab.ca

COASTAL MASSAGE - in Bedford is pleased to offer NSTU members a discount on massage services. Your Health plan covers 80% for 20 visits per year and we will cover the other 20% so there will be no charge to you. Direct billing to Blue Cross available. Call today to book your massage 902-209-5300 or book online at coastalmassage.ca. Hours of operation are Monday to Friday 9:00 a.m. to 9:00 p.m. and Saturday and Sunday 12:00 p.m. to 5 p.m. We're located at #420 - 1600 Bedford Highway in Bedford, NS.

ENLIGHTEN LASER & SKIN CARE CLINIC is thrilled to offer a **20% discount** on services to NSTU members. Owned and operated by an NSTU member, Enlighten offers **Laser Hair Removal, Body Slimming, Cellulite Reduction, Skin Tightening, Photo Rejuvenation, Rosacea Treatment, Manicure, Pedicure, Facials** and more. At Enlighten, our goal is to provide FDA approved, effective and affordable treatments while ensuring client comfort, privacy and satisfaction. We pride ourselves on personal attention, communication and individualized care before, during and after treatment. We believe that flawless skin is possible at any age. Whether your concerns are to maintain youthful skin or to address the needs of maturing skin we are able to offer a wide range of skin care therapy and services. Client education is a priority at Enlighten and we pride ourselves on supporting individuals as they make informed choices regarding skin care treatments. To book your **FREE** consultation call 902-455-3263 | joehowe@enlightenlaser.ca | 3601 Joseph Howe Drive, Halifax (Inside the Joe Howe Superstore).

ERIN BALODIS, NATUROPATHIC DOCTOR - As a general practitioner, Erin welcomes the opportunity to treat patients of all ages. She has a solid background in nutrition, and emphasizes whole food nutrition, going back to the basics with food along with nutritional supplementation when necessary. She has a keen interest in botanical medicine, using herbal tinctures and standardized extracts of herbs as treatment. Asian Medicine including acupuncture is another treatment

option that Erin is fully licensed in, and enjoys using. She abides by the Naturopathic medicine principles by supporting patients to achieve their optimal health. She thoroughly enjoys sharing her knowledge, facilitating people on their journey to good health! **NSTU members can enjoy 15% off the initial visit.** Direct billing is available and Dr. Balodis is registered with Medavie Blue Cross. Located at Kingswood Chiropractic Health Centre, 1210 Hammonds Plains Road; 902-832-1411; OR Dr. MacAdam Chiropractic and Associates, 6777 Quinpool Road, Halifax; 902-407-3347; OR 71 Duke St., Chester; 902-802-1257. Visit www.erinbalodis.com for more information.

MARITIME MASSAGE HEALTH CLINIC, Halifax gives a 15% discount for the first visit and then 10% to NSTU members. Phone: 902-423-2455.

MEDICINE IN MOTION - Family, Physiotherapy & Sports Medicine Centre - 121 Ilsley Avenue, Burnside, Dartmouth, NS; Phone 902-468-2774; Fax 902-468-1359; website www.medicineinmotion.ca. Offers a 10% discount on Massage Therapy and direct billing is available.

NATURAL PATH MASSAGE THERAPY, 75 Alderney Drive, Dartmouth, NS (across from the Ferry Terminal) will offer NSTU members \$20 off their first massage and a free sauna. Contact 902-463-9351, naturalpath@ns.sympatico.ca or visit www.mynaturalpath.ca.

REMEDY FACIAL BAR & SPA provides esthetics and massage therapy in the heart of downtown Halifax. This beautiful salon atmosphere is sure to please through its talented estheticians, massage therapists and self serve facial bar complete with liquor license. We specialize in individual treatments and also have excellent facilities for group parties up to 20 people. Dermalogica and Repechage product lines attract the most serious skin-care connoisseurs. We pride ourselves on being Halifax's most friendly spa. You are sure to leave Remedy glowing with a Smile. Treat yourself, you deserve it! We are pleased to offer NSTU members with ID a 10% discount off of regular priced Registered Massage Therapy. Located at 1546 Granville Street, Halifax; 902-425-7586; www.remedyspa.com.

The **SACKVILLE SPORTS STADIUM** is offering all current and retired NSTU members a **10% discount** on all Annual Memberships.

The Sackville Sports Stadium is a multi-purpose facility that offers programs and services in the areas of fitness, sport, and wellness. As a community facility it is important for us to have something for everyone – AND WE DO! We want to make fitness fun for everyone!

We offer a range of sports, fitness, and wellness programs that include but are not limited to Zumba, TRX, Bootcamps, Boxing Workouts, Learn to Run, Indoor Cycling, Yoga, and Meditation. We also have a wide range of programs geared for the Senior population and specialized programs for those with chronic pain or injury issues as well as those with identified special needs. Our Aquatics Department offers swimming lessons, aquatic leadership programs, fitness, and speciality programs as well as open swims to the public. For children we have karate, dance, gymnastics, indoor soccer, birthday parties (dance, karate, mad science, gymnastics, laser tag, swimming and skating) and a large summer daycamp program as well as in-service day camps throughout the year. Our arena is host to youth hockey, ringette, skating lessons, and public skating. There really is something for all ages!

Our membership coordinators will work with you to help identify your best options. Our annual memberships include Face 2 Face, which consists of 5 half hour appointments with our certified trainers. You will receive a personalized program, one on one coaching and materials with current fitness and health information. Most importantly – you will get results and we guarantee it or your money back!

For more information visit our website, www.thestadium.ca or give one of our Membership Coordinators a call at 252-4000. NSTU ID is required. Terms & Conditions Apply.

SPRING GARDEN COSMETIC [BOTOX • LASER • FILLERS • SWEAT MANAGEMENT • SKIN CARE] and SG-MEDI-SPA [AESTHETICS & COSMETIC MEDICINE]

offer a 10% discount to all NSTU members! Discount includes laser hair removal, Botox and juvederm fillers, chemical peels and spa services. Professionally trained and experienced staff under the direction of Dr. Ken Chisholm. A private setting, free parking and gift certificates are available at each location. Spring Garden Cosmetic is located at #104 – 5880 Spring Garden Road, Halifax, 902-429-8784, www.sgcosmetic.com and sg•medi•spa is located at 463 Main Street, Wolfville, www.sgmedispa.com.

STRESS BUSTERS MASSAGE THERAPY & WELLNESS -

Stress Busters Massage Therapy & Wellness - Invites NSTU members and retired members of the NSTU, whether local or from outside of the metro area, to come in and enjoy a 10% discount on regularly priced Massage Therapy Services. ID required. Direct billing is available for Blue Cross and Green Shield. Regular rates are \$80.00 for 1 hour and \$120.00 for 90 minutes. Earn free massage with our Client Referral Program. Clients receive free trial for use of Whole Body Vibration at our location.

***Offer is not valid in conjunction with other offers and is not applicable for on-site chair massage services. Also, Chair massage is available for your workplace, promotion or event. Please call for rates as they differ from in-house. Rates subject to change without notice. Hours are variable so if you don't see the time slot you're looking for, please get in touch to see whether there's something else available that suits your needs. The first Tuesday of each month and Tuesday evenings are not available due to standing bookings. Experience the ebb & flow of letting go... If you have any questions or concerns, please contact - Lola McNeil, RMT & Owner, 3638 Dutch Village Road, Halifax, NS B3N 2S4; C: 902-488-5652; www.stressbusterswellness.com / info@stressbusterswellness.com

SunME SWIMSUIT SPA, offers NSTU members a 10% discount on all services and other specials at the spa located at 1869 Upper Water Street in the Historic Properties in Halifax, Phone: 902-407-8808. Swimsuit shopping, spa services, St. Tropez tanning and specialized esthetic services are offered. Contact our Beauty Team for an appointment. Visit www.swimsuitspa.ca for further details.

TOUCH THERAPIES, Dustin Ellsworth, RMT. Massage Therapy Services - **Offers \$25 off Massage Services to NSTU members** - Located in Styles Alive, 3422 Dutch Village Road, Halifax, NS; 902-443-7501; Email: touch.therapies@live.com. Hours of Operation are Monday, Tuesday and Friday 9-5 and Wednesday and Thursday 11-7. Direct bill through Blue Cross available. Specializes in Postural Dysfunctions. Enquire about our Client Program.

BOOKSTORES

BLUE GRIFFIN BOOKS, 30 Commercial Street, Middleton offers NSTU members a 10% discount. For details phone 1-902-363-2665 or email bluegriffinbooks@eastlink.ca.

TATTLETALES, Penhorn Mall, 535 Portland Street, Dartmouth offers a 20% discount to NSTU members. 902-463-5551; tattletales@ns.aliantzinc.ca

WOZLES, Halifax offers a 20% discount on classroom purchases to NSTU members. 1533 Birmingham Street, Halifax, NS B3J 2J6. 902-423-7626.

MISCELLANEOUS

BANANA REPUBLIC is currently offering a teacher discount of 15% off regular price merchandise. Teachers need to show appropriate ID at the register to receive the discount. We can add you to our Gold Book so that we can keep you and your colleagues informed of special offers. Halifax Shopping Centre, 7001 Mumford Road, Halifax, NS B3L 4N9; 902-454-8071; bananarepublic.ca.

BENJAMIN MOORE BAYERS LAKE offers NSTU members \$5 off cans of paint. NSTU identification is required. Location: 120 Susie Lake Crescent, Unit 19, Bayers Lake, Halifax; phone: 902-446-3990.

BIG APPLE FASHIONS, Barrington Place Shop, 1903 Barrington St., Suite #2050, Halifax is pleased to offer all NSTU members a 10% discount on all regular priced fashions. Contact 902-446-2442 or www.bigapplefashions.ca

BUDGET RENT-A-CAR MARITIMES offers a discount to NSTU members at the following locations ONLY: Halifax/Dartmouth, Sydney, Port Hawkesbury, Yarmouth, Moncton, Saint John, Fredericton, and Charlottetown. For more information, contact Budget Rent-A-Car in your area (in Halifax dial 902-492-7500 and press 1) or call 1-888-492-4888.

CHRISTINE RITCHIE offers 10% discount and no tax for NSTU members. She teaches beginner and intermediate watercolour painters in small groups (under 12). The cost is \$50 per day and the workshops are one, three and five days. Beginner kits are \$10 per day, which includes all the supplies needed for the workshop. Private lessons are available for \$15 per hour. For details, visit www.christineritchie.com.

COMFORT ORTHOTICS BY: 4TH GENERATION – Custom Made Orthotics \$225 and each additional pair from the same cast is only \$150/pair (fabricated on-site and ready for pick up in one week) Approx 30-35% savings. Footwear \$10 discount on regular priced shoes – Over 20 brands and 160+ styles in stock - Receive FREE pair of All Days Socks with purchase of footwear. Sigvaris Medical Compression Stockings – Free gloves and wash solution with purchase. Foot Care Clinic - receive five foot care treatments and get one FREE. Receipts will be issued for claims through your medical plan. Sunnyside Mall (2nd level)– 1595 Bedford Hwy - Tel: 902-835-7463 or toll Free 1-855-835-7463 www.comfortorthotics.ca - We are with you every step of the way!

COSTCO - Receive a \$10 Costco Cash Card when you sign up for a new Costco Gold Star or Executive Membership.* An Executive Membership is \$110 per year (plus applicable taxes) and includes a FREE Spouse+ card. A Gold Star Membership is \$55 per year (plus applicable taxes) and includes a FREE Spouse+ card. **Sign up online at Costco.ca using the promotion code “EXEC39” for Executive Membership or “GSWEB65” for Gold Star Membership.** †A Spouse refers to either a spouse or a family member 18 years of age or older living at the same address. ***This offer is valid for a new Costco membership only (After a 3 year lapse in membership you may become a NEW member again.) Offer expires May 31, 2014.** For more information about Costco, drop by a warehouse, call 1-800-463-3783 or visit Costco.ca. ENJOY THE BENEFITS OF BEING A COSTCO MEMBER!

DISCOUNT CAR AND TRUCK RENTALS offers a discount to NSTU members. By quoting **Account #974C/C** each time you require a rental vehicle you will be able to save up to 40% off leisure rates. Rates are guaranteed in Nova Scotia and New Brunswick. Vehicle rentals available are compact, midsize, full size, minivan, SUV, 1/2 ton pickup, crew cab, cargo van and cube truck. Visit the website at www.discountcars.ca. Central Reservations (P) 902-468-7171 or 310-RENT or (Toll Free) 1-888-636-9333; Email reservations@carrental.ca. Nova Scotia locations are Halifax (2710 Agricola St, 902-453-5153), Dartmouth (135 Ilsley Ave., Unit A, 902-468-5441), Halifax Airport (Quality Inn, 60 Sky Blvd., 902-873-3049), Kentville (7145 Hwy 1, 902-678-8594), Sydney (81 Victoria Road, 902-563-2806) and Truro (70 Juniper St, 902-895-6642). New Brunswick locations are Bathurst, Dieppe, Moncton, Fredericton, Sussex and Saint John.

DISCOVERY CENTRE, 1593 Barrington St, Halifax is pleased to offer all NSTU members a chance to view the facilities at no cost when presenting a valid Nova Scotia Teachers License at the front desk. Contact 902-492-4422

DULUX PAINTS offers up to 40% off Glidden and Dulux Paint Products. Up to 20% off supplies and other products, and up to 40% off custom window blinds at the following location: 1746 Bedford Highway, phone 902-835-1300 - Glidden/Colour Your World/Dulux.

DULUX PAINTS offers up to 40% off Dulux Paint Products available at the following locations: 435 Grand Lake Road, Sydney; 902-4-562-1170 5651 Kaye St., Halifax 902-453-2560 177 Wyse Road, Dartmouth 902-463-5222, 75 Akerley Blvd., Burnside 902-468-3965 1746 Bedford Highway, Bedford 902-835-1300, 50 Tacoma Drive, Dartmouth 902-434-8292, 155 Chain Lake Drive, Halifax 902-445-5267

ESPRIT DARTMOUTH CROSSING OUTLET offers a 10% discount to NSTU members. NSTU ID required. Located at 54 Hector Gate, Dartmouth, NS B3B 0C2; 902-481-0209.

EVENT SYSTEM RENTALS - Package discounts are available for NSTU members for booking Winter Carnivals and Safe Grads. For more information, call 902-538-0194.

FRAME EXPRESS - Custom Framing, Plakmounting and Prints offers a 30% discount on all custom framing and plakmounting (also guarantees their price is the best in the city and beats all written quotes by 10%) to NSTU members upon presentation of their ID card. Dartmouth Location, 10 Morris Ave., Unit 34 (off Akerley Ave.); phone: 902-468-5600.

GCR TIRE CENTRES (formerly Crown Tire) offer NSTU Members a 15% discount off regular selling price of Bridgestone and Firestone Passenger/Light Truck tires. Also, a 10% discount off current retail price on any car service (brakes, alignment, oil changes). GCR Tire Centres are located in Antigonish, Bridgewater, Dartmouth, New Glasgow, New Minas and Truro.

GRAND & TOY - Working with teachers so students can be their best! Take advantage of Grand & Toy's low pricing. Contact Account Manager, School Supplies. Toll-free: 1-888-456-1258 ext. 271.

HOMELIFE REAL ESTATE CENTRE INC. in partnership with Realtors Curtis Messervey and Anthony MacNeil is honoured to extend the Corporate Employee Real Estate Program to the NSTU members. This program is exclusive to HomeLife Real Estate Centre and is offered to the members of the NSTU. An overview of the program is: Gold Rewards Program - 15,000 points for every \$100,000 sale or purchase; Preferred Real Estate & Mortgage Rates - 1% discount when combining buying and selling services; Home Warranty Program - 50% discount on basic coverage; Relocation Services - Moving In and Moving Out assistance; Home Buyers and Sellers Kit; Service & Product Discounts - Furniture and appliances, home cleaning and home maintenance; and Donation Program - Percentage of sales donated to charities, etc. For additional information, please call HomeLife Real Estate Centre at 902-252-3400.

HOTEL DISCOUNT PROGRAM - We are proud to now offer our very own NSTU Member Discount Hotel Program, provided for the exclusive access of our members and their families. Why? Because our teachers deserve it! Teachers and their families may now search and book hotel discounts around the world. Our savings may exceed 50%, and average 10-20% below market rates. To take advantage of these savings, simply enter your destination of choice and travel date in the convenient search widget on our site, and follow the instructions to log-in or **phone 1-800-892-2136, code NSTU. Website - <http://www.reservetravel.com/v6?&siteid=23903¤cy=CAD&useKilometers&streetview=true&pagesize=25&cid=nstu>**

Virtually all worldwide hotel rates are discounted ... some by a little and some by lot ... and there are no added service fees, so our deals will compare favourably with any alternative source for making hotel reservations, including all online travel agencies as well as booking direct with the hotels. In addition to our great rates, we also offer our members the best worldwide hotel inventory, as measured by (i) number of property listings, (ii) room availability, and (iii) rate types to choose from. And don't worry, we don't impose any onerous change or cancellation policies, other than simply passing along the terms and conditions offered by the hotels. So, you can book with confidence!

Go to <http://localhospitality.com/corporate.html> and under CONTACT US click on log-in page use the following: USER NAME: NSTU / PASSWORD: NSTU or go to www.nstu.ca under Deals and Discounts (Exclusive Hotel Discount Program - use same User Name and Password after you've logged into the NSTU site.)

INTREPID TRAVEL - NSTU Members save 10% on trips with Intrepid Travel! For travellers with a yearning to get off the beaten track, Intrepid opens up a whole new world of adventure travel. From the colourful landscapes of Latin America to the wilds of Africa - come with us to discover real people, real cultures and have incredible real life experiences along the way. **For full details visit www.intrepidtravel.com/teachers.**

IRVING OIL offers a 3 cent per litre discount on home heating oil and 5 cents per litre on propane to NSTU members. To enroll, contact Owen Johnsen at 902-229-1929 or owen.johnsen@irvingoil.com. Not to be combined with any other offers. Terms and conditions apply. **A \$50 Welcome gift certificate for first time customers.**

JACOB offers \$20 OFF YOUR NEXT PURCHASE OF \$100* OR MORE BEFORE TAX! *Offer valid on regular-priced merchandise, at the JACOB stores located at Mic Mac Mall (Dartmouth) & Mayflower Mall (Sydney), between July 1, 2012 and May 31, 2013. Not applicable on gift card purchases, on previously purchased merchandise. This offer cannot be combined with any other coupon, offer or promotion. One coupon per transaction. Offer valid for NSTU members on presentation of a teacher ID card. www.jacob.ca - LIVE CHIC. LOVE JACOB.

The **LUNG ASSOCIATION OF NOVA SCOTIA** offers NSTU members a 10% discount on our 2013 Golf Discount Book - The Lung Book. This amazing book has over 80 golf courses that offer 2-for-1 golf, plus other offers like stay-and-plays, discounts on buckets of balls, and more. More than 50 of those courses are located in Nova Scotia with other courses located across PEI, New Brunswick, Newfoundland, and Maine. To purchase your book for the discounted rate of \$45.00 please visit us online at <http://www.ns.lung.ca/site/index.php/campaigns-events/the-lung-book> and **use the promotional code NSTU2013**. The offer can also be provided by displaying your NSTU membership card at our office, 6331 Lady Hammond Road, Halifax, NS or by purchasing your book by phone at (902) 443-8141.

MIDAS - Total Car Care - All locations in Nova Scotia. Offers 10% off parts. www.midas.ca.

OG EVENT FILMING offers NSTU members 20% off all services. For information on their wide variety of services, visit www.gooraservices.com or phone 902-462-2439 / 902-830-6487. We believe in quality. Give us the opportunity to take on one of your projects and let us wow you with our abilities. We film weddings, plays, retirement parties and various sporting events. Our equipment is the best and your finished product is the best. For bookings or for more information, give us a call.

OHMYSOLE! Young Kempt Centre, 6061 Young Street, Halifax offers NSTU members \$10 off any regular priced pair of shoes in the store. Call 902-423-8288 or visit www.ohmysole.com.

PAPA MARIO'S PIZZA - Two locations to serve you in the HRM - 6954 Mumford Road (Halifax Shopping Centre Annex) and 1283 Barrington Street, Halifax offers a 10% discount to NSTU members on food orders only. Papa Mario's also offer catering of more than just pizza - they have veggie/meat/fruit trays as well as salads and wraps. School lunch program is available (pizza with a whole wheat crust!) Visit their website at www.papamarios.com or phone 902-421-2121. Contact is Albert at 902-425-0000 or 902-877-0247.

PARK 'N FLY at the Halifax Stanfield International Airport offers a 20% discount to NSTU members. For further details contact: Park 'n Fly, 668 Barnes Drive, Enfield, N.S. B2T 1K2; Tel: 902. 873.4574; CS_Halifax@parknfly.ca / www.parknfly.ca/halifax/en/halifax

PORT HAWKESBURY'S LINGERIE STORE is pleased to offer all NSTU members a 10% discount on all lingerie, sleep wear, SPANX and accessories. Located at 7A - 811 Reeves Street, Port Hawkesbury; Phone 902-625-3533.

QUALITY FOOTWEAR & MAHONE BAY TRADING COMPANY offers a 10% discount to members. Locations include 201 Chain Lake Drive, Halifax (902-444-4229) and 544 Main Street, Mahone Bay (902-624-8425). Check out comfort, fashion and selection in a wide range of sizes for men and women.

ROGERS WIRELESS (AML) have exclusive offers for eligible NSTU members. **Plans 1 & 2 are VOICE Plans ONLY - #1 - \$21/month per line plus tax;** 250 weekday minutes; 250 local incoming minutes; 250 Canadian text messages; unlimited evenings & weekends starting at 6 p.m.; FREE call display & voicemail; first monthly service fee credited! **#2 - \$25/month per line plus tax;** 350 weekday minutes; unlimited local incoming minutes; unlimited Canadian text messages; unlimited evenings & weekends starting at 6 p.m.; FREE call display & voicemail; first monthly service fee credited! **Plans 3 & 4 are VOICE & DATA Plans - #3 - \$51/month per line plus tax;** 1GB Canada-Wide Data; 250 weekday minutes; 250 local incoming minutes; 250 Canadian text messages; unlimited evenings & weekends starting at 6 p.m.; FREE call display & voicemail; first monthly service fee credited! **#4 - \$55/month per line plus tax;** 3GB Canada-Wide Data; 350 weekday minutes; unlimited local incoming minutes; unlimited Canadian text messages; unlimited evenings & weekends starting at 6 p.m.; FREE call display & voicemail; first monthly service fee credited! **DEVICE SALE - iPhone 4S 16GB now \$0 (with Voice & Data Activation) & Samsung Galaxy Q now \$0 (with Voice only Activation)** **How to order: Visit www.amlcares.com, click "Corporate Login" on the top right hand corner; Username is: govcan; Password is: employee;** Follow the steps to select your device, accessories, plan and features; Your order will be processed and shipped within 48 hours to your location. Contact: John Gold, jgold@amlnet.com; 902-452-0104.

SCOTIA AUTO GLASS- Part of the VANTAGE POINT GLASS NETWORK, Atlantic Canada's Fleet and Glass Network - Offers NSTU members free mobile service at home or work, Up to 40% off your deductible on your windshield insurance claim, and or Free Windshield Repairs if insured. In addition, NSTU members receive a 10% discount off the current retail price (NSTU rates with discount or whichever is lowest at time of booking) on any additional glass services (wipers, Aquapel, door glass and back window). Visit www.scotiaauto.com/promo/nstu.htm or call HRM & Tantallon/Windsor - Ron Tibert - 456-5201 or South Shore, Hubbards, Chester to Liverpool - Ron Tibert- 523-1180.

SOFTMOC, is pleased to invite all members of the NSTU to SAVE 10% on their complete purchase at SoftMoc. The savings are valid on all regular and sale priced merchandise. It cannot be combined with any other discount coupon or offer and is not valid at the Warehouse Sale Outlet.

The Discount Code is 777000012877. This number must be quoted in store or entered online to redeem the discount. Alternatively, in store you may show your Official Membership Card. Additional rewards and savings are available through registering for SoftMoc "My Account" and Frequent Buyer Plan at: <https://www.softmoc.com/ca/register> Any questions regarding this offer, contact Keith Robertson, Corporate Sales Manager, SoftMoc Inc., Ph. 905-665-8119 ext. 2232 or email keith@softmoc.com.

SOLES IN MOTION, 121 Ilsley Ave., Dartmouth, offers NSTU members \$10 off orthopaedic footwear (including the Dansko line of footwear) as well as a 10% discount off regularly priced athletic footwear and clothing. Contact us at 902-468-7911 or www.solesinmotion.ca.

TALL SHIP SILVA (Halifax) is happy to offer harbour tours at a 25% discount to teachers. Just show your NSTUID at the dock when purchasing tickets. Contact them at info@tallshipsilva.com or 902-429-9463.

ULTRAMAR REFINERY offers a 4 cent discount on posted oil prices to NSTU members in the Halifax Regional Municipality.

WHAT'S FOR SUPPER? NSTU members get 10% off Your Cook and Serve Meal Solutions Boutique, offering assembled meals ready to cook at home! We are the perfect solution for busy people who like good food, but don't have the time to prepare it! Save time, money and waste - let us do the work for you! Check out our menu at www.whatsforsupper.ca, or call with any questions at 876-2936. Now located in downtown Halifax at the corner of Hollis and Morris streets.

WINSBY'S, Halifax offers 10% off regular priced merchandise purchased for the classroom setting.

WONG's Tae Kwon Do in Lower Sackville offers 20% off monthly and yearly fees for NSTU members and their families. Call 902-478-1326 or email bwong@ns.sympatico.ca.

**Show your NSTU Membership Card whenever you are shopping,
and let us know about any other great
deals or discounts we've missed!**

Phone: 902-477-5621 or 1-800-565-6788 (toll-free)

Email: theteacher@nstu.ca / smatheson@staff.nstu.ca