



# DEALS & DISCOUNTS

FOR NSTU MEMBERS INCLUDING RTO MEMBERS!!



*Subject to change without notice. Updated November 22, 2013.*

## ACCOMMODATIONS

### NSTU Contract Hotel

The **DELTA HALIFAX** and **DELTA BARRINGTON** are the NSTU's contract hotels and offers members on NSTU business a rate of \$86 July 1, 2013 to June 30, 2014. For leisure travel, \$96 July 1, 2013 to June 30, 2014 plus a special parking rate of \$9.95 per day (self parking). **NSTU membership identification is required** and the NSTU rate is for one room booking per NSTU membership card. The Delta Halifax can be reached at 902-425-6700/1-888-423-3582. The Delta Barrington can be reached at 902-429-7410. For more info, check the Delta Halifax website at [www.deltahotels.com/corporate/cor/nstu.html](http://www.deltahotels.com/corporate/cor/nstu.html). **The Delta properties are now both smoke-free.**

**BELGRAVIA BED & BREAKFAST** in Truro offers a 15% discount to NSTU members. For more info call 902-893-7100 or 1-866-877-9900.

**BEST WESTERN PLUS CHOCOLATE LAKE HOTEL, HALIFAX** Located at 20 St. Margaret's Bay Road, Halifax, N.S. B3N 1J4. NSTU rates - \$99 based on single/double occupancy, per room, per night, plus taxes. NSTU rate includes hot buffet breakfast, FREE parking, FREE local calls, and FREE high speed Internet. Book your Corporate Rate today at 902-477-5611 or [res@chocolatelakehotel.com](mailto:res@chocolatelakehotel.com). For more information contact 902-477-5611, Fax: 902-404-3376 or [res@chocolatelakehotel.com](mailto:res@chocolatelakehotel.com). Based on availability. Some conditions apply. Call today for more information.

**CAMBRIDGE SUITES - SYDNEY** - The rate until December 2014 is \$129.00 including parking, wi-fi, and a continental breakfast including one hot item. Premium suites are \$25.00 extra. This includes a hot breakfast delivered to the suite for each guest, as well as upgraded amenities and linens, afternoon refreshments, bottled water in the suite, turndown service, etc. You can now access the special rates for NSTU members when making online reservations at Cambridge Suites Hotel Sydney. This link takes you to your own special rate page where a direct booking button is featured. online reservations at <https://bookings.ihotelier.com/bookings.jsp?hotelId=13606&identifier=5928DH>. You can also use the code 5928DH as well and simply enter it in to the Promo/Corporate Code section on the reservation page of the website [www.cambridgesuitessydney.com](http://www.cambridgesuitessydney.com)

**DIGBY PINES GOLF RESORT & SPA** 1-800-667-4637 or [www.digbypines.ca](http://www.digbypines.ca). Open mid-May to mid-October. \$105/night plus tax, based on double occupancy, subject to availability. Please request the NSTU member rate at time of booking and provide your NSTU card upon check in. Rate is based on leisure travel only and is not applicable to group business.

The **FARMHOUSE INN** in Canning, just outside Wolfville in the Annapolis Valley, offers an additional 15% off winter rates to NSTU members. The discount will apply from November to April each year, excluding packages, New Year's Eve, Valentine's weekend and special events weekends. Visit [www.farmhouseinn.ns.ca](http://www.farmhouseinn.ns.ca).

**FUTURE INNS HALIFAX HOTEL & CONFERENCE CENTRE** – Located at 30 Fairfax Drive, off of Lacewood Drive in the Bayers Lake Shopping District. We are happy to offer discounted rates for current & retired NSTU members starting at \$101.00 for a traditional room. The NSTU rates include Free parking, Free local calls & Free high-speed Internet. To book a room, simply call 1-800-565-0700 or [Halifax@futureinns.com](mailto:Halifax@futureinns.com). Based on availability & some conditions apply. Call & speak to one of our friendly staff members for more information.

**HAMPTON INN BY HILTON SYDNEY** - A rate of \$129 plus tax is offered to NSTU members. Rates include full hot buffet breakfast, free parking, free wi-fi, business center, local phone calls, 24-hour coffee & tea service, fitness center & mineral pool. Also connected via pedway to the Membertou Trade & Convention Center & Kiju's Restaurant.

**KELTIC LODGE RESORT & SPA** 1-800-565-0444 or [www.kelticlodge.ca](http://www.kelticlodge.ca). Open mid May to mid October. \$115/night plus tax, based on double occupancy, subject to availability. Please request the NSTU member rate at time of booking and provide your NSTU card upon check in. Rate is based on leisure travel only and is not applicable to group business.

**LISCOMBE LODGE RESORT & CONFERENCE CENTRE** Call 1-800-665-6343 or visit [www.liscombelodge.ca](http://www.liscombelodge.ca). Open mid May to mid October. \$99/night plus tax, based on double occupancy, subject to availability. Please request the NSTU member rate at time of booking and provide your NSTU card upon check-in. Rate is based on leisure travel only and is not applicable to group business.

**LORD NELSON HOTEL & SUITES**, Halifax offers a discount to NSTU Members. Our 2013 NSTU Preferred "Leisure Union" rates are: January 1 - April 30 & November 1 - December 30, 2013: Classic Guest Room - \$89 single/double occupancy (without parking), \$109 (parking included); May 1 - October 31, 2013: Classic Guest Room - \$129 single/double occupancy (without parking), \$149 (parking included), plus tax. All rates are valid for individual travel only, subject to availability. Additional room types are available upon request for an additional upgrade charge. Group rates can be negotiated separately through our Sales Department at the time of booking. We also offer you the convenience of booking your rate online. 1. Go to [www.lordnelsonhotel.com](http://www.lordnelsonhotel.com) 2. Select 'Book Your Corporate Rate' at the bottom of the screen. 3. Enter your access code: **NSTU321** 4. From here you can select your dates, check availability and make a reservation. The Lord Nelson Hotel & Suites, 1515 South Park Street, Halifax, Nova Scotia B3J 2L2. Reservations: 902-423-5130/1-800-565-2020. Main Desk: 902-423-6331.

The **PRINCE GEORGE HOTEL** is a luxury hotel located in the centre of downtown Halifax. Conference delegates will be in a perfect location to explore the city. Also connected to the Downtown Link indoor pedway provides many options for shopping, entertainment, dining and accessing the Halifax waterfront without going outdoors. The Prince George Hotel is pleased to offer the following preferred rate for NSTU members: October 2013 - December 30 2013: \$109.00 including local phone calls, free Wi-Fi and parking, January 2014- December 30 2014: \$109.00 including local phone calls, free Wi-Fi and parking. The Prince George Hotel is located at 1725 Market Street, Halifax, Nova Scotia, B3J 3N9; General Enquiries: 902.425.1986 / Make a Booking: toll free 1.800.565.1567 or direct 902.425.6066; [www.princegeorgehotel.com](http://www.princegeorgehotel.com)

The **WAVERLEY INN**, offers NSTU members a 10% discount. Located at 1266 Barrington Street, Halifax, NS B3J 1Y5; Phone 902-423-9346/1-800-565-9346; website [www.waverleyinn.com](http://www.waverleyinn.com)

**WESTIN HOTEL**, Halifax offers NSTU members a discount. Contact the Westin at 1181 Hollis Street, Halifax, NS 902-496-8585; 1-877-993-7846 or [www.thewestinnovascotian.com/nstu-employees](http://www.thewestinnovascotian.com/nstu-employees) to book directly online. Based on availability.

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## PERSONAL CARE

**AT HOME REHAB** - specializes in physiotherapy in the comfort, convenience and privacy of the patient's own home. Our goal is to ensure you reach your physical potential while working with your busy schedule. Services are available throughout HRM, Windsor and Truro. Appointments are offered before, during, and after the school day and on weekends.

At Home Rehab is pleased to offer NSTU members, both active and retired, a reduced rate (**Reg. \$100 / NSTU discount \$75**) for in-home physiotherapy and guarantee an available appointment within 48 hours of calling. Direct billing to Blue Cross available.

In home physiotherapy is ideal for individuals who have difficulty attending appointments outside of the home or place of work; and individuals following post-operative rehabilitation, stroke, brain injury, soft tissue injuries, generalized deconditioning, or fractures. We provide a wide range of physical therapy services including ultrasound, TENS, strength and flexibility training, fall risk assessment and balance training, postural analysis, and home safety assessments.

Call today to book your appointment 902-445-7987 or email [info@athomerehab.ca](mailto:info@athomerehab.ca) / Located on Larry Uteck Blvd. Halifax, NS. Visit us at [www.athomerehab.ca](http://www.athomerehab.ca)

**COASTAL SPORTS & WELLNESS** - in Bedford is pleased to offer NSTU members a discount on: **Massage Therapy**: As you may be aware your extended health care grants you 20 Massages per year with 80% coverage. Coastal Sports & Wellness will cover your additional 20% on us! With direct billing; NO COST TO YOU for 30-60 Minute Massages. This discount is offered to all family members registered under your plan.

**Naturopathic Doctor**: As you may be aware your extended health care grants you 20 Naturopathic services per year with 80% coverage. Coastal Sports & Wellness will cover your additional 20% on us for all Follow up appointments! \*Initial Visit must be paid in full; Direct billing NO COST TO YOU for all Follow up appointments. \*Supplements and injections not included. This discount is offered to all family members registered

under your plan. Call today to book your appointment. 902-209-5300 or book online at [coastalsportsandwellness.com](http://coastalsportsandwellness.com). Hours of operation are Monday to Friday 9:00 a.m. to 9:00 p.m. and Saturday & Sunday 12:00 p.m. to 5 p.m. We're located at #400 - 1600 Bedford Highway in Bedford, NS.

**CRESTHAVEN LASER & SKINCARE CLINIC** is delighted to offer a 30% discount off any regularly priced service to NSTU members. At CRESTHAVEN LASER, you will love our friendly, professional and privately owned clinic that offers Laser Hair Removal, Photo Rejuvenation, Body Slimming, Cellulite Reduction, Skin Tightening and more. We specialize in FDA approved laser treatments to improve skin care and to help reverse aging, acne, sun damage, rosacea, hyper pigmentation, etc.

You are our best source of advertising! At Cresthaven Laser we want to help you look and feel you're personal best. Cresthaven Laser is built on referrals and therefore, we take great pride in insuring that our clients receive individualized care, with effective results each and every time.

Our personalized one on one attention, before, during and after treatments is what sets us apart. Our goal is to ensure each customer receive not only affordable treatments but, great value with the highest degree of customer service. Please visit our website and call to book your free consultation today at 902-401-0909 or [info@cresthavenlaser.ca](mailto:info@cresthavenlaser.ca) or [www.cresthavenlaser.ca](http://www.cresthavenlaser.ca)

**ENLIGHTEN LASER & SKIN CARE CLINIC** is thrilled to offer a **20% discount** on services to NSTU members. Owned and operated by an NSTU member, Enlighten offers **Laser Hair Removal, Body Slimming, Cellulite Reduction, Skin Tightening, Photo Rejuvenation, Rosacea Treatment, Manicure, Pedicure, Facials** and more. At Enlighten, our goal is to provide FDA approved, effective and affordable treatments while ensuring client comfort, privacy and satisfaction. We pride ourselves on personal attention, communication and individualized care before, during and after treatment. We believe that flawless skin is possible at any age. Whether your concerns are to maintain youthful skin or to address the needs of maturing skin we are able to offer a wide range of skin care therapy and services. Client education is a priority at Enlighten and we pride ourselves on supporting individuals as they make informed choices regarding skin care treatments. To book your **FREE** consultation call 902-455-3263 | [joehowe@enlightenlaser.ca](mailto:joehowe@enlightenlaser.ca) | 3601 Joseph Howe Drive, Halifax (Inside the Joe Howe Superstore).

**ERIN BALODIS, NATUROPATHIC DOCTOR** - As a general practitioner, Erin welcomes the opportunity to treat patients of all ages. She has a solid background in nutrition, and emphasizes whole food nutrition, going back to the basics with food along with nutritional supplementation when necessary. She has a keen interest in botanical medicine, using herbal tinctures and standardized extracts of herbs as treatment. Asian Medicine including acupuncture is another treatment option that Erin is fully licensed in, and enjoys using. She abides by the Naturopathic medicine principles by supporting patients to achieve their optimal health. She thoroughly enjoys sharing her knowledge, facilitating people on their journey to good health! **NSTU members can enjoy 15% off the initial visit.** Direct billing is available and Dr. Balodis is registered with Medavie Blue Cross. Located at Kingswood Chiropractic Health Centre, 1210 Hammonds Plains Road; 902-832-1411; OR Dr. MacAdam Chiropractic and Associates, 6777 Quinpool Road, Halifax;

902-407-3347; OR 71 Duke St, Chester; 902-802-1257. Visit [www.erinbalodis.com](http://www.erinbalodis.com) for more information.

**ETERNO LASER & MEDISPA**, All NSTU members, including retired members are invited to visit us at one of the most beautiful & relaxing spas in the Annapolis Valley! **How does 15% OFF sound?** We would be pleased to have you enjoy this discount (with your NSTU ID) on a number of our services, including: Traditional and Medical Esthetics; Laser Hair Removal; Photo, Oxygen & Multiderm Facials; Laser Tattoo Removal with Atlantic Canada's only **Quanta Q-Plus Laser™**; Registered Massage Therapy; Registered Acupuncture; and more! We offer special package pricing for all Laser and Light Therapy treatments as well as a special 50% discount on treatments done with Nova Scotia's only **Venus Freeze™**. Please visit our website for a full list of products and services and to see our staff profiles! **Eterno Laser & MediSpa • 16 Webster Court • Kentville, NS • 902-365-7546 • [www.eterno.ca](http://www.eterno.ca)**

**MARITIME MASSAGE HEALTH CLINIC**, Halifax gives a 15% discount for the first visit and then 10% to NSTU members. Phone: 902-423-2455.

**MEDICINE IN MOTION** - Family, Physiotherapy & Sports Medicine Centre - 121 Ilsley Avenue, Burnside, Dartmouth, NS; Phone 902-468-2774; Fax 902-468-1359; website [www.medicineinmotion.ca](http://www.medicineinmotion.ca). Offers a 10% discount on Massage Therapy and direct billing is available.

**NATURAL PATH MASSAGE THERAPY**, 75 Alderney Drive, Dartmouth, NS (across from the Ferry Terminal) will offer NSTU members \$20 off their first massage and a free sauna. Contact 902-463-9351, [naturalpath@ns.sympatico.ca](mailto:naturalpath@ns.sympatico.ca) or visit [www.mynaturalpath.ca](http://www.mynaturalpath.ca).

**REMEDY FACIAL BAR & SPA** is pleased to offer members of the Nova Scotia Teachers Union 10% off regularly priced Massage Therapy with our licensed RMT Tricia Elliot with the presentation of NSTU ID. We can do direct billing with Blue Cross and offer Registered Massage Therapy receipts for other health plans. Please mention the NSTU discount when booking and paying. Located at 1546 Granville Street, Halifax; 902-425-7586; [www.remedyspa.com](http://www.remedyspa.com).

**SPRING GARDEN COSMETIC [BOTOX • LASER • FILLERS • SWEAT MANAGEMENT • SKIN CARE] and SG•MEDI•SPA [AESTHETICS & COSMETIC MEDICINE]** offer a 10% discount to all NSTU members! Discount includes laser hair removal, Botox and juvederm fillers, chemical peels and spa services. Professionally trained and experienced staff under the direction of Dr. Ken Chisholm. A private setting, free parking and gift certificates are available at each location. Spring Garden Cosmetic is located at #104 – 5880 Spring Garden Road, Halifax, 902-429-8784, [www.sgcosmetic.com](http://www.sgcosmetic.com) and sg•medi•spa is located at 463 Main Street, Wolfville, [www.sgmedispa.com](http://www.sgmedispa.com).

**STRESS BUSTERS MASSAGE THERAPY & WELLNESS** - Stress Busters Massage Therapy & Wellness - Invites NSTU members and retired members of the NSTU, whether local or from outside of the metro area, to come in and enjoy a 10% discount on regularly priced Massage Therapy Services. ID required. Direct billing is available for Blue Cross and Green Shield. Regular rates are \$80.00 for 1 hour and \$120.00 for 90 minutes. Earn free massage with our Client Referral Program. Clients receive free trial for use of Whole Body Vibration at our location.

\*\*\*Offer is not valid in conjunction with other offers and is not applicable for on-site chair massage services. Also, Chair massage is available for your workplace, promotion or event. Please call for rates as they differ from in-house. Rates subject to change without notice. Hours are variable so if you don't see the time slot you're looking for, please get in touch to see whether there's something else available that suits your needs. The first Tuesday of each month and Tuesday evenings are not available due to standing bookings. Experience the ebb & flow of letting go... If you have any questions or concerns, please contact - Lola McNeil, RMT & Owner, 3638 Dutch Village Road, Halifax, NS B3N 2S4; C: 902-488-5652; [www.stressbusterswellness.com](http://www.stressbusterswellness.com) / [info@stressbusterswellness.com](mailto:info@stressbusterswellness.com)

**SunME SWIMSUIT SPA**, offers NSTU members a 10% discount on all services and other specials at the spa located at 1869 Upper Water Street in the Historic Properties in Halifax, Phone: 902-407-8808. Swimsuit shopping, spa services, St. Tropez tanning and specialized esthetic services are offered. Contact our Beauty Team for an appointment. Visit [www.swimsuitspa.ca](http://www.swimsuitspa.ca) for further details.

**TOUCH THERAPIES, Dustin Ellsworth, RMT**. Massage Therapy Services - **Offers \$25 off Massage Services to NSTU members** - Located in Styles Alive, 3422 Dutch Village Road, Halifax, NS; 902-443-7501; Email: [touch.therapies@live.com](mailto:touch.therapies@live.com). Hours of Operation are Monday, Tuesday and Friday 9-5 and Wednesday and Thursday 11-7. Direct bill through Blue Cross available. Specializes in Postural Dysfunctions. Enquire about our Client Program.

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## BOOKSTORES

**BLUE GRIFFIN BOOKS**, 30 Commercial Street, Middleton offers NSTU members a 10% discount on classroom purchases. For details phone 1-902-363-2665 or email [bluegriffinbooks@eastlink.ca](mailto:bluegriffinbooks@eastlink.ca).

**TATTLETALES**, Penhorn Mall, 535 Portland Street, Dartmouth offers a 20% discount to NSTU members. 902-463-5551; [tattletales@ns.aliantzinc.ca](mailto:tattletales@ns.aliantzinc.ca)

**WOOZLES**, Halifax offers a 20% discount on classroom purchases to NSTU members. 1533 Birmingham St, Halifax, NS B3J 2J6. 902-423-7626.

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## MISCELLANEOUS

**BANANA REPUBLIC** is currently offering a teacher discount of 15% off regular price merchandise. Teachers need to show appropriate ID at the register to receive the discount. We can add you to our Gold Book so that we can keep you and your colleagues informed of special offers. Halifax Shopping Centre, 7001 Mumford Road, Halifax, NS B3L 4N9; 902-454-8071; [bananarepublic.ca](http://bananarepublic.ca).

**BENJAMIN MOORE BAYERS LAKE** offers NSTU members \$5 off cans of paint. NSTU identification is required. Location: 120 Susie Lake Crescent, Unit 19, Bayers Lake, Halifax; phone: 902-446-3990.

**BIG APPLE FASHIONS**, Barrington Place Shop, 1903 Barrington St., Suite #2050, Halifax is pleased to offer all NSTU members a 10% discount on all regular priced fashions. Contact 902-446-2442 or [www.bigapplefashions.ca](http://www.bigapplefashions.ca)

**BUDGET RENT-A-CAR/MARITIMES** offers a discount to NSTU members at the following locations ONLY: Halifax/Dartmouth, Sydney, Port Hawkesbury, Yarmouth, Moncton, Saint John, Fredericton, and Charlottetown. For more information, contact Budget Rent-A-Car in your area (in Halifax dial 902-492-7500 and press 1) or call 1-888-492-4888.

**COMFORT ORTHOTICS BY: 4TH GENERATION** – Custom Made Orthotics \$225 and each additional pair from the same cast is only \$150/pair (fabricated on-site and ready for pick up in one week) Approx 30-35% savings. Footwear \$10 discount on regular priced shoes – Over 20 brands and 160+ styles in stock - Receive FREE pair of All Days Socks with purchase of footwear. Sigvaris Medical Compression Stockings – Free gloves and wash solution with purchase. Foot Care Clinic - receive five foot care treatments and get one FREE. Receipts will be issued for claims through your medical plan. Sunnyside Mall (2nd level) – 1595 Bedford Hwy - Tel: 902-835-7463 or toll Free 1-855-835-7463 [www.comfortorthotics.ca](http://www.comfortorthotics.ca) - We are with you every step of the way!

**COSTCO - Receive a \$10 Costco Cash Card when you sign up for a new Costco Gold Star or Executive Membership.\*** An Executive Membership is \$110 per year (plus applicable taxes) and includes a FREE Spouse+ card. A Gold Star Membership is \$55 per year (plus applicable taxes) and includes a FREE Spouse+ card. **Sign up online at Costco.ca using the promotion code “EXEC39” for Executive Membership or “GSWEB65” for Gold Star Membership.** †A Spouse refers to either a spouse or a family member 18 years of age or older living at the same address. **\*This offer is valid for a new Costco membership only (After a 3 year lapse in membership you may become a NEW member again.) Offer expires May 31, 2014.** For more information about Costco, drop by a warehouse, call 1-800-463-3783 or visit Costco.ca. Enjoy the benefits of being a Costco Member!

**DISCOUNT CAR AND TRUCK RENTALS** offers a discount to NSTU members. By quoting **Account #974C/C** each time you require a rental vehicle you will be able to save up to 40% off leisure rates. Rates are guaranteed in Nova Scotia and New Brunswick. Vehicle rentals available are compact, midsize, full size, minivan, SUV, 1/2 ton pickup, crew cab, cargo van and cube truck. Visit the website at [www.discountcars.ca](http://www.discountcars.ca). Central Reservations (P) 902-468-7171 or 310-RENT or (Toll Free) 1-888-636-9333; Email [reservations@carrental.ca](mailto:reservations@carrental.ca). Nova Scotia locations are Halifax (2710 Agricola St., 902-453-5153), Dartmouth (135 Ilsley Ave., Unit A, 902-468-5441), Halifax Airport (Quality Inn, 60 Sky Blvd., 902-873-3049), Kentville (7145 Hwy 1, 902-678-8594), Sydney (81 Victoria Road, 902-563-2806) and Truro (70 Juniper St., 902-895-6642). New Brunswick locations are Bathurst, Dieppe, Moncton, Fredericton, Sussex and Saint John.

**DISCOVERY CENTRE** All NSTU members have access to our free program 'InSCiGht'. InSCiGht is a dedicated membership program for teachers only, offering a wealth of valuable benefits and resources all designed to make your jobs easier! This program includes: 50% discount on Regular Family Memberships; 20% discount on Discovery Shop purchases (with the exception of LEGO products); Free monthly newsletter; Family sneak peek nights; Online tools and resources. Teachers can sign up for this on our website, located at <http://www.discoverycentre.ns.ca/learn/inscight>. The program is presented by Johnson Inc.! Visit us at 1593 Barrington St., Halifax. We are pleased to offer all NSTU members a

chance to view the facilities at no cost when presenting a valid Nova Scotia Teachers License at the front desk. Contact 902-492-4422.

**DULUX PAINTS** offers up to 40% off Glidden and Dulux Paint Products. Up to 20% off supplies and other products, and up to 40% off custom window blinds at the following location: 1746 Bedford Highway, phone 902-835-1300 - Glidden/Colour Your World/Dulux.

**DULUX PAINTS** offers up to 40% off Dulux Paint Products available at the following locations: 435 Grand Lake Road, Sydney; 902-4-562-1170 5651 Kaye St., Halifax 902-453-2560 177 Wyse Road, Dartmouth 902-463-5222, 75 Akerley Blvd., Burnside 902-468-3965 1746 Bedford Highway, Bedford 902-835-1300, 50 Tacoma Drive, Dartmouth 902-434-8292, 155 Chain Lake Drive, Halifax 902-445-5267

**ERINN G. MOORE - FAMILY LAW PRACTICE** - He offers a **one hour free consultation plus a 30% discount** on legal fees for all NSTU members. He has over 10 years of experience—flat fees offered. Located at 1526 Dresden Row, 4th Floor, Halifax, NS B3J 3K3; Phone: 902-701-1952 or Cell: 902-223-0630.

**ESPRIT DARTMOUTH CROSSING OUTLET** offers a 10% discount to NSTU members. NSTU ID required. Located at 54 Hector Gate, Dartmouth, NS B3B 0C2; 902-481-0209.

**EVENT SYSTEM RENTALS** - Package discounts are available for NSTU members for booking Winter Carnivals and Safe Grads. For more information, call 902-538-0194.

**FRAME EXPRESS** - Custom Framing, Plakmounting and Prints offers a 30% discount on all custom framing and plakmounting (also guarantees their price is the best in the city and beats all written quotes by 10%) to NSTU members upon presentation of their ID card. Dartmouth Location, 10 Morris Ave., Unit 34 (off Akerley Ave.); phone: 902-468-5600.

**GARDEN VIEW RESTAURANT** on 174 Main Street in Dartmouth is introducing a **10% discount to NSTU members**. Try out our new South East Asian offerings, think zesty Pad Thai noodles, creamy coconut curries, savory basil stir-frys and even a lactose/gluten free coconut tropical chowder from the imperial court of Laos! Of course, nothing beats the comfort of the traditional Canadian/Chinese favourites we have been serving since 1923. Our famous meat eggroll remains our top selling item and it comes with every combination platter. We also offer a full range of gluten-free and MSG free stir-frys. Check out our website [www.gardenviewrestaurant.com](http://www.gardenviewrestaurant.com) or call us to ask about what we can do for your catering needs, call Michelle at 902-435-7777. **Join our loyalty program and get a \$10 certificate for joining and a certificate for your birthday! You will be rewarded for every dollar you spend at the Garden View.**

**GCR TIRE CENTRES** (formerly Crown Tire) offer NSTU Members a 15% discount off regular selling price of Bridgestone and Firestone Passenger/Light Truck tires. Also, a 10% discount off current retail price on any car service (brakes, alignment, oil changes). GCR Tire Centres are located in Antigonish, Bridgewater, Dartmouth, New Glasgow, New Minas and Truro.

**GRAND & TOY** - Working with teachers so students can be their best! Take advantage of Grand & Toy's low pricing. Contact Account Manager, School Supplies. Toll-free: 1-888-456-1258 ext. 271.

**HOMELIFE REAL ESTATE CENTRE INC.** in partnership with Realtors Curtis Messervey and Anthony MacNeil is honoured to extend the Corporate Employee Real Estate Program to the NSTU members. This program is exclusive to HomeLife Real Estate Centre and is offered to the members of the NSTU. An overview of the program is: Gold Rewards Program - 15,000 points for every \$100,000 sale or purchase; Preferred Real Estate & Mortgage Rates - 1% discount when combining buying and selling services; Home Warranty Program - 50% discount on basic coverage; Relocation Services - Moving In and Moving Out assistance; Home Buyers and Sellers Kit; Service & Product Discounts - Furniture and appliances, home cleaning and home maintenance; and Donation Program - Percentage of sales donated to charities, etc. For additional information, please call HomeLife Real Estate Centre at 902-252-3400.

**HOTEL DISCOUNT PROGRAM** - We are proud to now offer our very own NSTU Member Discount Hotel Program, provided for the exclusive access of our members and their families. Why? Because our teachers deserve it! Teachers and their families may now search and book hotel discounts around the world. Our savings may exceed 50%, and average 10-20% below market rates. To take advantage of these savings, simply enter your destination of choice and travel date in the convenient search widget on our site, and follow the instructions to log-in or **phone 1-800-892-2136, code NSTU. Website - <http://www.reservetravel.com/v6?&siteid=23903&currency=CAD&useKilometers&streetview=true&pagesize=25&cid=nstu>**

Virtually all worldwide hotel rates are discounted ... some by a little and some by lot ... and there are no added service fees, so our deals will compare favourably with any alternative source for making hotel reservations, including all online travel agencies as well as booking direct with the hotels. In addition to our great rates, we also offer our members the best worldwide hotel inventory, as measured by (i) number of property listings, (ii) room availability, and (iii) rate types to choose from. And don't worry, we don't impose any onerous change or cancellation policies, other than simply passing along the terms and conditions offered by the hotels. So, you can book with confidence!

**Goto <http://localhospitality.com/corporate.html> and under CONTACT US click on log-in page use the following: USER NAME: NSTU / PASSWORD: NSTU or go to [www.nstu.ca](http://www.nstu.ca) under Deals and Discounts (Exclusive Hotel Discount Program - use same User Name and Password after you've logged into the NSTU site.)**

**INTREPID TRAVEL - NSTU Members save 10% on trips with Intrepid Travel!** For travellers with a yearning to get off the beaten track, Intrepid opens up a whole new world of adventure travel. From the colourful landscapes of Latin America to the wilds of Africa - come with us to discover real people, real cultures and have incredible real life experiences along the way. **For full details visit [www.intrepidtravel.com/teachers](http://www.intrepidtravel.com/teachers).**

**IRVING OIL** offers a 3 cent per litre discount on home heating oil and 5 cents per litre on propane to NSTU members. To enroll, contact Owen Johnsen at 902-229-1929 or [owen.johnsen@irvingoil.com](mailto:owen.johnsen@irvingoil.com). Not to be combined with any other offers. Terms and conditions apply. **A \$50 Welcome gift certificate for first time customers.**

The **LUNG ASSOCIATION OF NOVA SCOTIA** offers NSTU members a 10% discount on our 2013 Golf Discount Book - The Lung Book. This amazing book has over 80 golf courses that offer 2-for-1 golf, plus other offers like stay-and-plays, discounts on buckets of balls, and more. More than 50 of those courses are located in Nova Scotia with other courses located across PEI, New Brunswick, Newfoundland, and Maine. To purchase your book for the discounted rate of \$45.00 please visit us online at <http://www.ns.lung.ca/site/index.php/campaigns-events/the-lung-book> and **use the promotional code NSTU2013**. The offer can also be provided by displaying your NSTU membership card at our office, 6331 Lady Hammond Road, Halifax, NS or by purchasing your book by phone at 902-443-8141.

**MIDAS - Total Car Care** - All locations in Nova Scotia. Offers 10% off parts. [www.midas.ca](http://www.midas.ca).

**OG EVENT FILMING** offers NSTU members 20% off all services. For information on their wide variety of services, visit [www.gooraservices.com](http://www.gooraservices.com) or phone 902-462-2439 / 902-830-6487. We believe in quality. Give us the opportunity to take on one of your projects and let us wow you with our abilities. We film weddings, plays, retirement parties and various sporting events. Our equipment is the best and your finished product is the best. For bookings or for more information, give us a call.

**OHMYSOLE!** Young Kempt Centre, 6061 Young Street, Halifax offers NSTU members \$10 off any regular priced pair of shoes in the store. Call 902-423-8288 or visit [www.ohmysole.com](http://www.ohmysole.com).

**PAPA MARIO'S PIZZA** - Two locations to serve you in the HRM - 6954 Mumford Road (Halifax Shopping Centre Annex) and 1283 Barrington Street, Halifax offers a 10% discount to NSTU members on food orders only. Papa Mario's also offer catering of more than just pizza - they have veggie/meat/fruit trays as well as salads and wraps. School lunch program is available (pizza with a whole wheat crust!) Visit their website at [www.papamarios.com](http://www.papamarios.com) or phone 902-421-2121. Contact is Albert at 902-425-0000 or 902-877-0247.

**PARK 'N FLY** at the Halifax Stanfield International Airport offers a 20% discount to NSTU members. For further details contact: Park 'n Fly, 668 Barnes Drive, Enfield, N.S. B2T 1K2; Tel: 902-873-4574; [CS\\_Halifax@parknfly.ca](mailto:CS_Halifax@parknfly.ca) / [www.parknfly.ca/halifax/en/halifax](http://www.parknfly.ca/halifax/en/halifax)

**QUALITY FOOTWEAR & MAHONE BAY TRADING COMPANY** offers a 10% discount to members. Locations include 201 Chain Lake Drive, Halifax (902-444-4229) and 544 Main Street, Mahone Bay (902-624-8425). Check out comfort, fashion and selection in a wide range of sizes for men and women.

**ROGERS WIRELESS (AML)** have exclusive offers for eligible NSTU members. **Plans 1 & 2 are VOICE Plans ONLY** - #1 - **\$21/month per line plus tax**; 250 weekday minutes; 250 local incoming minutes; 250 Canadian text messages; unlimited evenings & weekends starting at 6 p.m.; FREE call display & voicemail; first monthly service fee credited! #2 - **\$25/month per line plus tax**; 350 weekday minutes; unlimited local incoming minutes; unlimited Canadian text messages; unlimited evenings & weekends starting at 6 p.m.; FREE call display & voicemail; first monthly service fee credited!

**Plans 3 & 4 are VOICE & DATA Plans - #3 - \$51/month per line plus tax;** 1GB Canada-Wide Data; 250 weekday minutes; 250 local incoming minutes; 250 Canadian text messages; unlimited evenings & weekends starting at 6 p.m.; FREE call display & voicemail; first monthly service fee credited! **#4 - \$55/month per line plus tax;** 3GB Canada-Wide Data; 350 weekday minutes; unlimited local incoming minutes; unlimited Canadian text messages; unlimited evenings & weekends starting at 6 p.m.; FREE call display & voicemail; first monthly service fee credited! **DEVICE SALE - iPhone 4S 16GB now \$0 (with Voice & Data Activation) & Samsung Galaxy Q now \$0 (with Voice only Activation)** **How to order: Visit [www.amlcares.com](http://www.amlcares.com), click "Corporate Login" on the top right hand corner; Username is: govcan; Password is: employee;** Follow the steps to select your device, accessories, plan and features; Your order will be processed and shipped within 48 hours to your location. Contact: John Gold, [jgold@amlnet.com](mailto:jgold@amlnet.com); 902-452-0104.

**SCOTIA AUTO GLASS-** So Scotia Auto Glass, what's in it for me? You will get Mobile Service with quick response times by a technician who is ScotiaGlassTech™ certified in both vehicle glass repair and replacement. We come to you at work or home using Scotia Glass's proprietary tools including the Glass Rebuild™ resin and the SingularSeal™ windshield fitting system that allow us and other Scotia Glass® technicians to provide superior service. Scotia Auto Glass is part of the Vantage Point Glass Network, Atlantic Canada's Fleet and Glass Network. This means that even if you are not in the HRM / Lunenburg / Valley area, Vantage Point Glass Network will have a shop for you that honors warranties throughout the Network. NSTU card members will receive: Free mobile service at home or work\*, Up to 40% off your deductible\* Free Windshield Repairs\* 25% discount off the current retail price\* on any additional glass services (wipers, Aquasheild, door glass and back window, car cleaning)\* - see website for details. Book online by visiting [www.scotiaauto.com/promo/nstu.htm](http://www.scotiaauto.com/promo/nstu.htm) or call HRM & Tantallon/Windsor – Ron Tibert – 902-456-5201 or South Shore, Hubbards, Chester to Liverpool - Ron Tibert - 902-523-1180.

**SOFTMOC,** is pleased to invite all members of the NSTU to SAVE 10% on their complete purchase at SoftMoc. The savings are valid on all regular and sale priced merchandise. It cannot be combined with any other discount coupon or offer and is not valid at the Warehouse Sale Outlet. SoftMoc reserves the right to cancel this discount code at anytime. The new eligible discount code may be obtained at any SoftMoc retail location or from customer service at 1-888-SOFTMOC or [shoes@softmoc.com](mailto:shoes@softmoc.com). **The Discount Code is 777000013255.** This number must be quoted in store or entered online to redeem the discount. Alternatively, in store you may show your Official Membership Card. Additional rewards and savings are available through registering for SoftMoc "My Account" and Frequent Buyer Plan at: <https://www.softmoc.com/ca/register>. Any questions regarding this offer, contact Keith Robertson, Corporate Sales Manager, SoftMoc Inc., Ph. 905-665-8119 ext. 2232 or email [keith@softmoc.com](mailto:keith@softmoc.com).

**SOLES IN MOTION,** 121 Ilsley Ave., Dartmouth, offers NSTU members \$10 off orthopaedic footwear (including the Dansko line of footwear) as well as a 10% discount off regularly priced athletic footwear and clothing. Contact us at 902-468-7911 or [www.solesinmotion.ca](http://www.solesinmotion.ca).

**TALL SHIP SILVA (Halifax)** is happy to offer harbour tours at a 25% discount to teachers. Just show your NSTUID at the dock when purchasing tickets. Contact them at [info@tallshipsilva.com](mailto:info@tallshipsilva.com) or 902-429-9463.

**THE SACKVILLE SPORTS STADIUM** is offering all current and retired NSTU members a 10% discount on all Annual Memberships. The Sackville Sports Stadium is a multi-purpose facility that offers programs and services in the areas of fitness, sport, and wellness. As a community facility it is important for us to have something for everyone – AND WE DO! We want to make fitness fun for everyone!

We offer a range of sports, fitness, and wellness programs that include but are not limited to Zumba, TRX, Bootcamps, Boxing Workouts, Learn to Run, Indoor Cycling, Yoga, and Meditation. We also have a wide range of programs geared for the Senior population and specialized programs for those with chronic pain or injury issues as well as those with identified special needs.

Our Aquatics Department offers swimming lessons, aquatic leadership programs, fitness, and speciality programs as well as open swims to the public.

For children we have karate, dance, gymnastics, indoor soccer, birthday parties (dance, karate, mad science, gymnastics, laser tag, swimming and skating) and a large summer daycamp program as well as in-service day camps throughout the year. Our arena is host to youth hockey, ringette, skating lessons, and public skating. There really is something for all ages!

Our membership coordinators will work with you to help identify your best options. Our annual memberships include Face 2 Face, which consists of 5 half hour appointments with our certified trainers. You will receive a personalized program, one on one coaching and materials with current fitness and health information. Most importantly – you will get results and we guarantee it or your money back!

For more information visit our website, [www.thestadium.ca](http://www.thestadium.ca) or give one of our Membership Coordinators a call at 902-252-4000. NSTU ID is required. Terms & Conditions Apply.

**ULTRAMAR REFINERY** offers a 4 cent discount on posted oil prices to NSTU members in the Halifax Regional Municipality.

**WHAT'S FOR SUPPER?** NSTU members get 10% off Your Cook and Serve Meal Solutions Boutique, offering assembled meals ready to cook at home! We are the perfect solution for busy people who like good food, but don't have the time to prepare it! Save time, money and waste - let us do the work for you! Check out our menu at [www.whatsforsupper.ca](http://www.whatsforsupper.ca), or call with any questions at 902-876-2936. Now located in downtown Halifax at the corner of Hollis and Morris streets.

**WINSBY'S**, Halifax offers 10% off regular priced merchandise purchased for the classroom setting.

**WONG's Tae Kwon Do** in Lower Sackville offers 20% off monthly and yearly fees for NSTU members and their families. Call 902-478-1326 or email [bwong@ns.sympatico.ca](mailto:bwong@ns.sympatico.ca).

**Show your NSTU Membership Card whenever you are shopping,  
and let us know about any other great  
deals or discounts we've missed!**

**Phone: 902-477-5621 or 1-800-565-6788 (toll-free)**

**Email: [theteacher@nstu.ca](mailto:theteacher@nstu.ca) / [smatheson@staff.nstu.ca](mailto:smatheson@staff.nstu.ca)**