



# DEALS & DISCOUNTS

FOR NSTU MEMBERS ONLY!!

*Subject to change without notice. Updated July 2011.*



## ACCOMMODATIONS

### NSTU CONTRACT HOTEL

The **DELTA HALIFAX** and **DELTA BARRINGTON** are the NSTU's contract hotels and offers members on NSTU business a rate of \$86 July 1, 2011 to June 30, 2013. For leisure travel, the rate is \$94 July 1, 2011 to June 30, 2012 and \$96 July 1, 2012 to June 30, 2013 plus a special parking rate of \$9.95 per day (self parking). The NSTU rate is for one room booking per NSTU membership card. The Delta Halifax can be reached at 902-425-6700/1-888-423-3582. The Delta Barrington can be reached at 902-429-7410. For more info, check the Delta Halifax website at [www.deltahotels.com/corporate/cor/nstu.html](http://www.deltahotels.com/corporate/cor/nstu.html). NSTU membership identification is required.

**BELGRAVIA BED & BREAKFAST** in Truro offers a 15% discount to NSTU members. For more info call 902-893-7100 or 1-866-877-9900.

**BEST WESTERN PLUS CHOCOLATE LAKE HOTEL, HALIFAX** Located at 20 St. Margaret's Bay Road, Halifax, N.S. B3N 1J4. NSTU rates - \$95 based on single/double occupancy, per room, per night, plus taxes. NSTU rate includes FREE parking, FREE local calls, and FREE high speed Internet. Book your Corporate Rate today at 902-477-5611 or [res@chocolatelakehotel.com](mailto:res@chocolatelakehotel.com). For more information contact Peter McNeil Sales Manager, phone: (home: 902-444-8655, Cell 902-441-5612, Fax 902-404-3376. Based on availability. Some conditions apply. Call today for more information.

**DIGBY PINES GOLF RESORT & SPA** 1-800-667-4637 or [www.digbypines.ca](http://www.digbypines.ca). Open mid May to Mid October. \$105/night plus tax, based on double occupancy, subject to availability. Please request the NSTU member rate at time of booking and provide your NSTU card upon check in. Rate is based on leisure travel only and is not applicable to group business.

The **FARMHOUSE INN** in Canning, just outside Wolfville in the Annapolis Valley, offers an additional 15% off winter rates to NSTU members. The discount will apply from November to April each year, excluding packages, New Year's Eve, Valentine's weekend and special events weekends. Visit [www.farmhouseinn.ns.ca](http://www.farmhouseinn.ns.ca).

**KELTIC LODGE RESORT & SPA** 1-800-565-0444 or [www.kelticlodge.ca](http://www.kelticlodge.ca). Open mid May to mid October. \$115/nt plus tax, based on double occupancy, subject to availability. Please request the NSTU member rate at time of booking and provide your NSTU card upon check in. Rate is based on leisure travel only and is not applicable to group business.

**LISCOMBE LODGE RESORT & CONFERENCE CENTRE** Call 1-800-665-6343 or visit [www.liscombelodge.ca](http://www.liscombelodge.ca). Open mid May to mid October. \$99/nt plus tax, based on double occupancy, subject to availability. Please request the NSTU member rate at time of booking and provide your NSTU card upon check in. Rate is based on leisure travel only and is not applicable to group business.

**LORD NELSON HOTEL & SUITES**, Halifax offers a discount to NSTU Members. Our 2011 NSTU guestroom rates are: Jan 1 to April 30: \$119.00 single/double occupancy; May 1 to Oct 31: \$155.00 single/double occupancy; Nov 1 to Dec 30: \$119.00 single/double occupancy. Book online at [www.lordnelsonhotel.ca](http://www.lordnelsonhotel.ca). The Lord Nelson Hotel & Suites, 1515 South Park Street, Halifax, Nova Scotia B3J 2L2. Reservations: 902-423-5130 / 1-800-565-2020. Main Desk: 902-423-6331.

The **WAVERLEY INN**, offers NSTU members a 10% discount. Located at 1266 Barrington Street, Halifax, N.S. B3J 1Y5; Phone 902-423-9346 / 1-800-565-9346; website [www.waverleyinn.com](http://www.waverleyinn.com)

**WESTIN HOTEL**, Halifax offers NSTU members a discount. Rates starting from \$105/night. Contact the Westin at 1181 Hollis Street, Halifax, NS 902-496-8585; 1-877-993-7846 or [www.thewestinnovascotian.com/nstu-employees](http://www.thewestinnovascotian.com/nstu-employees) to book directly online. Based on availability.

## PERSONAL CARE

**BE NATURAL LASER CLINIC** - Okay, raise your hand, if you've ever felt embarrassed because you have hair in the wrong places. WOW! Looks like I'm not alone.

Whether at the beach, pool and other social functions, at Be Natural we want you to feel comfortable and confident. Why deal with the unnecessary stress of worrying about embarrassing shaving bumps, razor burn, ingrowns, or worse....stray hairs which become very visible in bright sunlight.

We all have different amounts and types of hair on various parts of our bodies. We have this undesirable hair mainly due to genetics and hormones. We can't control where it came from, but we CAN certainly do something about it.

You can find a permanent solution to this problem at Be Natural Laser Clinic, conveniently located, in Bedford. Be Natural, an empathic, relaxing atmosphere, providing you with quality care and honest answers, is where you will find me, Claire Lasnier. I have been providing professional laser services to HRM and throughout Nova Scotia, since 2002.

Having laser hair removal at Be Natural offers four main advantages. 1. comfort 2. speed 3. accuracy 4. long-term effectiveness

So why spend a lifetime shaving, when you can keep it simple? Call for your complimentary consultation. Claire: 902-404-3939 Toll Free: 1-877-404-3939; website: [www.benaturallaserhairremoval.com](http://www.benaturallaserhairremoval.com).

**MARITIME MASSAGE HEALTH CLINIC**, Halifax gives a 15% discount for the first visit and then 10% to NSTU members. Phone: 902-423-2455.

**MEDICINE IN MOTION** - Family, Physiotherapy & Sports Medicine Centre - 121 Ilsley Avenue, Burnside, Dartmouth, NS; Phone 902-468-2774; Fax 902-468-1359; website [www.medicineinmotion.ca](http://www.medicineinmotion.ca). Offers a 10% discount on Massage Therapy and direct billing is available.

**NATURAL PATH MASSAGE THERAPY**, 75 Alderney Drive, Dartmouth, NS (across from the Ferry Terminal) will offer NSTU members \$20 off their first massage and a free sauna. Contact 902-463-9351, [naturalpath@ns.sympatico.ca](mailto:naturalpath@ns.sympatico.ca) or visit [www.mynaturalpath.ca](http://www.mynaturalpath.ca).

**REMEDY FACIAL BAR & SPA** provides esthetics and massage therapy in the heart of downtown Halifax. This beautiful salon atmosphere is sure to please through its talented estheticians, massage therapists and self serve facial bar complete with liquor license. We specialize in individual treatments and also have excellent facilities for group parties up to 20 people. Dermalogica and Repechage product lines attract the most serious skin-care connoisseurs. We pride ourselves on being Halifax's most friendly spa. You are sure to leave Remedy glowing with a Smile. Treat yourself, you deserve it! We are pleased to offer NSTU members with ID a 10% discount off of regular priced Registered Massage Thereapy. Located at 1546 Granville Street, Halifax; 902-425-7586; [www.remedyspa.com](http://www.remedyspa.com).

**SIMPLY FOR LIFE, Nutrition. Education. Lifestyle.** 16 Church Street, Amherst, NS B4H 3A6; 902-660-8446. Simply for Life would like to offer NSTU members **a FREE consultation and 20% off ANY program**. This offer is available to NSTU members in Cumberland County only. For more information email [info.amherst@simplyforlife.com](mailto:info.amherst@simplyforlife.com).

**SPRING GARDEN COSMETIC [BOTOX • LASER • FILLERS • SWEAT MANAGEMENT • SKIN CARE] and SG-MEDI-SPA [AESTHETICS & COSMETIC MEDICINE]** offer a 10% discount to all NSTU members! Discount includes laser hair removal, Botox and juvederm fillers, chemical peels and spa services. Professionally trained and experienced staff under the direction of Dr. Ken Chisholm. A private setting, free parking and gift certificates are available at each location. Spring Garden Cosmetic is located at #104 – 5880 Spring Garden Road, Halifax, 902-429-8784, [www.sgc cosmetic.com](http://www.sgc cosmetic.com) and sg•medi•spa is located at 463 Main Street, Wolfville, [www.sgmedispa.com](http://www.sgmedispa.com).

## BOOKSTORES

**BLUE GRIFFIN BOOKS**, 30 Commercial Street, Middleton offers NSTU members a 10% discount. For details phone 1-902-363-2665 or email [bluegriffinbooks@eastlink.ca](mailto:bluegriffinbooks@eastlink.ca).

**TATTLETALES**, Penhorn Mall, 535 Portland Street, Dartmouth offers a 20% discount to NSTU members. 902-463-5551; [tattletales@ns.aliantzinc.ca](mailto:tattletales@ns.aliantzinc.ca)

**WOZZLES**, Halifax offers a 20% discount on classroom purchases to NSTU members. 1533 Birmingham Street, Halifax, NS B3J 2J6. 902-423-7626.

## MISCELLANEOUS

**BANANA REPUBLIC** is currently offering a teacher discount of 15% off regular price merchandise. Teachers need to show appropriate ID at the register to receive the discount. We can add you to our Gold Book so that we can keep you and your colleagues informed of special offers. Halifax Shopping Centre, 7001 Mumford Road, Halifax, NS B3L 4N9; (902) 454-8071; [bananarepublic.ca](http://bananarepublic.ca).

**BENJAMIN MOORE SACKVILLE DECORATING CENTRE & THE BENJAMIN MOORE BAYERS LAKE DECORATING CENTRE** offers NSTU members the following discounts: \$5 off Benjamin Moore Interior and Exterior Collection paint, \$3 off Benjamin Moore Interior and Exterior MooreStyle paint, \$3 off all Benjamin Moore primers, 10% off all paint sundries and 15% off all in-stock decor merchandise. NSTU identification is required. Sackville Location: 536 Sackville Drive, Unit 4, Lower Sackville; phone: 902-864-7042; website: [www.sackvilledecoratingcentre.ca](http://www.sackvilledecoratingcentre.ca). Bayers Lake Location: 120 Susie Lake Crescent, Halifax; phone: 902-446-3990.

**BIG APPLE FASHIONS**, Barrington Place Shop, 1903 Barrington St., Suite #2050, Halifax is pleased to offer all NSTU members a 10% discount on all regular priced fashions. Contact 902-446-2442 or [www.bigapplefashions.ca](http://www.bigapplefashions.ca)

**BUDGET RENT A CAR MARITIMES** offers a discount to NSTU members at the following locations ONLY: Halifax/Dartmouth, Sydney, Port Hawkesbury, Yarmouth, Moncton, Saint John, Fredericton, and Charlottetown. For more information, contact Budget Rent A Car in your area (in Halifax dial 902-492-7500 and press 1) or call 1-888-492-4888.

**CHRISTINE RITCHIE** offers 10% discount and no tax for NSTU members. She teaches beginner and intermediate watercolour painters in small groups (under 12). The cost is \$50 per day and the workshops are one, three and five days. Beginner kits are \$10 per day, which includes all the supplies needed for the workshop. Private lessons are available for \$15 per hour. For details, visit [www.christineritchie.com](http://www.christineritchie.com).

**ELEPHOTO** - Looking for the perfect gift for that special occasion? Transform your pictures into a customized photo book, greeting card, calendar or poster for family and friends in just minutes. Elephoto is pleased to offer NSTU members an exclusive 15% off all Elephoto products. Check it out today [www.elephoto.ca](http://www.elephoto.ca). Once you're ready to order please enter promo code: NSTU. Offer expires Dec 31, 2011.

**ESPRIT DARTMOUTH CROSSING OUTLET** offers a 10 % discount to NSTU members. NSTU ID required. Located at 54 Hector Gate, Dartmouth, NS B3B 0C2; 902-481-0209.

**EVENT SYSTEM RENTALS** - Package discounts are available for NSTU members for booking Winter Carnivals and Safe Grads. For more information, call 902-538-0194.

**FRAME EXPRESS** - Custom Framing, Plakmounting and Prints offers a 30% discount on all custom framing and plakmounting (also guarantees their price is the best in the city and beats all written quotes by 10%) to NSTU members upon presentation of their ID card. Dartmouth Location, 10 Morris Ave., Unit 34 (off Akerley Ave.); phone: 902-468-5600.

**GCR TIRE CENTRES** (formerly Crown Tire) offer NSTU Members a 15% discount off regular selling price of Bridgestone and Firestone Passenger/Light Truck tires. Also, a 10% discount off current retail price on any car service (brakes, alignment, oil changes). GCR Tire Centres are located in Antigonish, Bridgewater, Dartmouth, New Glasgow, New Minas and Truro.

**GLIDDEN PAINTS** offers up to 40% off Glidden and Dulux Paint Products up to 20% off supplies and other products and up to 40% off custom window blinds at the following location: 1746 Bedford Highway, phone 902-835-1300 - Glidden/Colour Your World/Dulux.

**ICI PAINTS** offers up to 40% off ICI Dulux Paint Products available at the following locations: Grand Lake Road, Sydney; Kaye St., Halifax; Wyse Road, Dartmouth, Akerley Blvd., Burnside, Bedford Highway, Bedford, Tacoma Drive, Dartmouth and Chain Lake Drive, Halifax.

**GRAND & TOY** - Working with teachers so students can be their best! Take advantage of Grand & Toy's low pricing. Contact Mickie Bowe, Account Manager, School Supplies. Toll-free: 1-888-456-1258 ext. 271 or email [bowem@grandtoy.com](mailto:bowem@grandtoy.com)

**HOMELIFE REAL ESTATE CENTRE INC.** in partnership with Realtors Curtis Messervey and Anthony MacNeil is honoured to extend the Corporate Employee Real Estate Program to the NSTU members. This program is exclusive to HomeLife Real Estate Centre and is offered to the members of the NSTU. An overview of the program is: Gold Rewards Program - 15,000 points for every \$100,000 sale or purchase; Preferred Real Estate & Mortgage Rates - 1% discount when combining buying and selling services; Home Warranty Program - 50% discount on basic coverage; Relocation Services - Moving In and Moving Out assistance; Home Buyers and Sellers Kit; Service & Product

Discounts - Furniture and appliances, home cleaning and home maintenance; and Donation Program - Percentage of sales donated to charities, etc. For additional information, please call HomeLife Real Estate Centre at 902-252-3400.

**INSTRUCTOR AIDS LIMITED** is one of the largest suppliers of professional Audio/Visual, Industrial Video, CCTV, and Presentation products in Atlantic Canada. We offer a 10% discount to teachers on a wide selection of products at highly competitive prices. Instructor Aids Ltd. can provide you with all of the following services you may require: Audio/Video equipment, Consultation, Engineering and System Design, System integration and installation Service. Our Head Office is located 55 MacDonald Ave (Burnside Industrial Park) Dartmouth, NS B3B 1T9. General Information - [ial@instructoraids.com](mailto:ial@instructoraids.com); (P) 902-468-2226; (F) 902-468-2935; Toll Free (Atlantic Provinces) 1-800-264-0564.

**IRVING OIL** offers a 3 cent per litre discount on home heating oil and 5 cents per litre of propane to NSTU members. To enroll, contact Owen Johnsen at 902-229-1929 or [owen.johnsen@irvingoil.com](mailto:owen.johnsen@irvingoil.com). Not to be combined with any other offers. Terms and conditions apply. **A \$50 Welcome gift certificate for first time customers.**

**LIBERTY TAX SERVICE** - 3659 Dutch Village Road, Halifax is pleased to offer all NSTU Members 50 per cent off their personal tax return. FAST. ACCURATE. FRIENDLY. Open year round. Book your appointment today 902-444-8941.

**MIDAS** - Total Car Care - All locations in Nova Scotia. Offers 10% off parts. [www.midas.ca](http://www.midas.ca).

**NEPTUNE THEATRE** - NSTU members receive a 20% discount on single tickets for plays in the 2010-2011 season in the A & B seating only. Phone the box office at 902-429-7070 or 1-800-565-7345 or visit [www.neptunetheatre.com](http://www.neptunetheatre.com) and identify yourself as an NSTU member to receive the discount.

**OG EVENT FILMING** offers NSTU members 20% off all services. For information on their wide variety of services, visit [www.gooraservices.com](http://www.gooraservices.com) or phone 902-462-2439 / 902-830-6487. We believe in quality. Give us the opportunity to take on one of your projects and let us wow you with our abilities. We film weddings, plays, retirement parties and various sporting events. Our equipment is the best and your finished product is the best. For bookings or for more information, give us a call.

**OH MY SOLE!** Young Kempt Centre, 6061 Young Street, Halifax offers NSTU members \$10 off any regular priced pair of shoes in the store. Call 902-423-8288 or visit [www.ohmysole.com](http://www.ohmysole.com).

**PAPA MARIO'S PIZZA** - Two locations to serve you in the HRM - 6954 Mumford Road (Halifax Shopping Centre Annex) and 1283 Barrington Street, Halifax offers a 10% discount to NSTU members on food orders only. Papa Mario's also offer catering of more than just pizza - they have veggie/meat/fruit trays as well as salads and wraps. School lunch program is available (pizza with a whole wheat crust!) Visit their website at [www.papamarios.com](http://www.papamarios.com) or phone 902-421-2121. Contact is Albert at 902-425-0000 or 902-877-0247.



**PORT HAWKESBURY'S LINGERIE STORE** - is pleased to offer all NSTU members a 10% discount on all lingerie, sleep wear, SPANX and accessories. Located at 7A - 811 Reeves Street, Port Hawkesbury; Phone 902-625-3533.

**QUALITY FOOTWEAR & MAHONE BAY TRADING COMPANY** offers a 10% discount to members. Locations include 201 Chain Lake Drive, Halifax (902-444-4229) and 544 Main Street, Mahone Bay (902-624-8425). Check out comfort, fashion and selection in a wide range of sizes for men and women.

**SOFTMOC**, is pleased to invite all members of the NSTU to SAVE 10% on their complete purchase at SoftMoc. The savings are valid on all regular and sale priced merchandise. It cannot be combined with any other discount coupon or offer and is not valid at the Warehouse Sale Outlet. The Discount Code is 777000012877. This number must be quoted in store or entered online to redeem the discount. Alternatively, in store you may show your Official Membership Card. Additional rewards and savings are available through registering for SoftMoc "My Account" and Frequent Buyer Plan at: <https://www.softmoc.com/ca/register> Any questions regarding this offer, contact Keith Robertson, Corporate Sales Manager, SoftMoc Inc., Ph. 905-665-8119 ext. 2232 or email [keith@softmoc.com](mailto:keith@softmoc.com).

**SOLES IN MOTION**, 121 Ilsley Ave., Dartmouth, offers NSTU members \$10 off orthopaedic footwear (including the Dansko line of footwear) as well as a 10% discount off regularly priced athletic footwear and clothing. Contact us at 902-468-7911 or [www.solesinmotion.ca](http://www.solesinmotion.ca).

**STAPLES / BUSINESS DEPOT** offers Dividend \$ for Education. It is free to join, just show a piece of teacher identification and receive a welcome package, special discounts and offers. Visit a Staples / Business Depot for an application.

**TALL SHIP SILVA (Halifax)** is happy to offer harbour tours at a 25% discount to teachers. Just show your NSTU ID at the dock when purchasing tickets. Contact them at [info@tallshipsilva.com](mailto:info@tallshipsilva.com) or 902-429-9463.

**ULTRAMAR REFINERY** offers a 4 cent discount on posted oil prices to NSTU members in the Halifax Regional Municipality.

**VANTAGE POINT GLASS NETWORK & SCOTIA AUTO GLASS**, Atlantic Canada's Fleet and Glass Network - Offers NSTU members free mobile service at work, \$50 off their windshield replacement insurance deductible and free windshield repairs with insurance. In addition, NSTU members receive a 10% discount off the current retail price on any additional glass services (wipers, Aquapel, door glass and back window). Vantage Point Glass services uses companies like Scotia Auto Glass for central Nova Scotia as well as many other qualified companies to suit your needs. Visit [www.vantageglass.com](http://www.vantageglass.com) or call 1-866-543-6001 (Call for appointment or to find out if your area is covered by our mobile service.)

**WINSBY'S**, Halifax offers 10% off regular priced merchandise purchased for the classroom setting.

**WONG's Tae Kwon Do** in Lower Sackville offers 20% off monthly and yearly fees for NSTU members and their families. Call 902-478-1326 or email [bwong@ns.sympatico.ca](mailto:bwong@ns.sympatico.ca).

**SHOW YOUR NSTU MEMBERSHIP CARD WHENEVER  
YOU ARE SHOPPING, AND LET US KNOW ABOUT  
ANY OTHER GREAT DISCOUNTS OR DEALS WE'VE MISSED!**

**Phone: 902-477-5621  
or 1-800-565-6788 (toll-free)  
Email: [theteacher@nstu.ca](mailto:theteacher@nstu.ca)**