

## NSTU Group Insurance Trustees – Mental Health and Wellness Grant Budget Sheet

**Services:** The Mental Health and Wellness Grant may approve workshop expenses, rentals and labour fees. (Please itemize expenses in detail.)

	\$	
	\$	
	\$	
Subtotal	\$	\$

**Consumables:** The Mental Health and Wellness Grant may approve consumables; paint, paper, certificates, etc. when they are required to support implementation of the project. (Please itemize in detail.) Note: consumables must represent a small portion of the budget request.

	\$	
	\$	
	\$	
Subtotal	\$	\$

**Equipment:** The Mental Health and Wellness Grant may approve capital items when they are required to successfully implement the proposed project. (Please itemize in detail.)

	\$	
	\$	
	\$	
Subtotal	\$	\$

**Other:** List items and cost:

	\$	
	\$	
Subtotal	\$	\$

**Total Expenditure** \$

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**Other Sources of Income:**

	\$	
	\$	
Total	\$	

The Insurance Trustees will support projects up to \$600.00 depending on the number of applications. The next applications will be due January 31st