

# **NSTU GROUP INSURANCE TRUSTEES MENTAL HEALTH AND WELLNESS GRANT**

## **INFORMATION SHEET**

### **Purpose:**

The NSTU Group Insurance Trustees with support from Johnson Incorporated will fund projects that support (1) mental health and well-being of children and youth in the schools/campuses across Nova Scotia, programs in classrooms, schools/campuses or communities for children and youth. The Mental Health and Wellness Grant was established to support innovative initiatives that promote the well-being of our youth and children in coping with the pressures of growing up.

### **Eligibility:**

To be eligible, the individual must be an active member of the NSTU at the time of application. Active members are persons described by Section 12 of the Teaching Profession Act and Article I (2) of the By-Laws of the NSTU.

### **Application Process:**

Applications must address all items, in sequence, on the most recent form. Typed applications are preferred. The application form may be obtained from the Registered Nurse ([nurse@nstu.ca](mailto:nurse@nstu.ca)), at the NSTU office or on the NSTU website.

Do not use acronyms without clarification. Applications need to be received prior to the event.

### **Selection Process:**

The NSTU Group Insurance Trustees will be awarding grants once a year. The criteria will include the project description, innovation and creativity, impact on students, materials and budget and overall impression.

### **Deadlines:**

Applications, including those faxed, must be received by the Registered Nurse on/or before 4:00 pm on January 31st.

### **Reporting:**

Funds will be awarded upon receipt of:

- a) a typed summary report of the project to be housed at the NSTU; and
- b) a final report showing disbursements and receipts.